



**ROYAL SOLOMON ISLANDS
POLICE FORCE**

DANGERS OF ALCOHOL ABUSE



**DON'T DRINK TO THE
LAST COIN!**

ALCOHOL CAN HURT YOUR LOVED ONES

Excess drinking of alcohol is a key factor of many cases of Domestic Violence

Alcohol increases your aggression and affects your Judgement

When you drink you are more likely to:

- Physically, sexually, or emotionally abuse
- your partner
- Mistreat or abuse your children



ALCOHOL CAN DESTROY YOUR FAMILY

Alcohol abuse is one of the major causes of family breakdowns.

Excessive drinking can lead to:

- Financial money problems
- Violence and abuse
- Strained relationships
- Separation and divorce
- Employment problems because you are unfit
- to work
- Difficulty in completing jobs around your home
- or garden



EXCESSIVE ALCOHOL CAN KILL

Too much alcohol can have dangerous and even fatal effects on your health

- Kidney and liver damage
- Brain damage
- Diabetes
- High blood pressure

Alcohol abuse is a major cause of premature death

To reduce your risks of alcohol death or disease, it is recommended that adults drink no more than two standard drink per day.



ALCOHOL PUTS YOU IN JAIL



Alcohol impairs your judgement making you do things you would not normally do.

Some common alcohol related crimes are:

- Assault / Domestic Violence
- Destroying property
- Criminal trespass
- Anti - social behaviour - drunk and disorderly,
- swearing or creating a public nuisance
- Sexual abuse
- Murder



ALCOHOL ABUSE HARMS OUR COMMUNITY

- Disturbs the public peace
- Creates fear and worry
- Damages public property
- Damages the environment
- Increase crime rates
- Increases public violence

SAY NO TO ALCOHOL & SAY YES TO LIFE



WHO CAN HELP?

Police: 999 OR 23666
Family Support Centre: 26999
Christian Care Centre: 22801
Public Solicitors Office: 22348
National Referral Hospital: 26300
Your Church

For more information contact:

National Community Policing Office
Royal Solomon Islands Police Force
PO Box G3
Rove Police Headquarters
Honiara.

Tel: 23800 Ext. 218 or 28275